

# Testimonial from Queenstown CC

## 1. Danyne Goerner, United States, Queenstown CC

I have been taught Tai Chi by other trainers. But I feel Jennifer is the best in so many ways. The way she teaches is very good and thorough. She takes the time to correct students if need be.

She does not get irritated if students do not catch on right away. When Jennifer walks into the room you can feel her passion for teaching. Can really see she loves what she is doing. She is committed and is very dedicated to it and spends most of her days all day teaching tai chi.

When she teaches a form, she relates each form to something and/or tells you how many counts it should be and makes learning the forms so much easier to be able to relate it to something.

Jennifer is such an inspiration, and I strive to be able to master tai chi with the great form she has and one day be able to teach tai chi to others and look as professional as Jennifer does. You can tell she really knows the forms and her form is really good.

It is so rewarding to have such a great, wonderful, caring teacher. I look forward to going to class, not only to learn tai chi, but also for the friendships I have made. Jennifer makes learning fun and interactive. The students sign up and do not quit, which tells you how much they all enjoy learning tai chi and their teacher, Jennifer.

## 2. Lilian Tan, Queenstown CC (Wellness)

I joined tai chi class at Queenstown CC 4 yrs ago. Jennifer has been my laoshi so far. She is a very systematic laoshi cause she has been teaching and guiding us very well in the tai chi art

She is very skilful and professional in teaching us. She is very passionate in her coaching as she teaches us individually. She excels in the art as she shows great interest in demonstrating tai chi to her students with fine and accurate steps at each session. Lastly she organizes outings for her students so as to bond their friendship and share experiences and interest in the art.

**3. Catherine See, Queenstown CC**

Jennifer has a passion for tai chi like no other. She understands the principles and concepts behind the forms and is able to unselfishly impart her skills and knowledge. Her teaching method is simple but very effective.

Classes are always well organized and lessons enjoyable. Not only is she proficient in the art, she is also excellent with people. Her patience, dedication and a genuine interest in helping others improve their health and wellbeing has won her many students and friends.

**4. Soo Kwok Weng, Queenstown CC (Wellness)**

Jennifer is my Taichi trainer for the past 3 years at Queenstown cc. She is a passionate and gifted Tai chi trainer that not only impart Tai chi skills but also encourage students to bond with each other through various organised activities. Jennifer was able to bring out the fun in Tai chi. The students enjoy the weekly Tai chi sessions.

She is an inspiring coach and students adore her. Students look forward to seeing her during the weekly session. It had been great fun learning Tai chi from her. Her training of the basic tai chi routine was taught through a step by step system allowing students to master the fundamental skills so that one can be active for life. I am very thankful for her guidance in Taichi and life skills.

**5. John Loh, Queenstown CC**

Jennifer is passionate about the art. She is patient, making sure her students perform each move correctly, demonstrating each move of the artistic form or pattern.

She pays attention to fundamentals, the need for a firm foundation: correct body posture, stance, placement of body weight, hand and eye movement. She explains the need to execute each move slowly, not to rush, to maintain balance at all times, to focus. Her explanation is clear and easy to follow.

She constantly encourages her students to practise because she would like to see them improve, to see that they enjoy good health, which for us is ultimately the goal of learning tai chi. Jennifer is caring and we enjoy her lessons.