

Testimonial from Yio Chu Kang CC

1. Koh Mui Geak, Yio Chu Kang CC

I joined Jennifer Chung's Taichi class 3 years ago when I was diagnosed with osteoarthritis of my neck, spine and knees. I was looking for a tai chi class that will help me relieve my joint pain as well as strengthening my muscles and keeping me healthy in a gentle way.

I am fortunate and thankful not only to have found the right class but also the best instructress. Jennifer is a very dedicated, caring, sincere, fair and patient teacher. She is passionate in her teaching, always ensuring that every student master every steps correctly before moving on to teaching new steps.

Once a month, she organises Tai chi interest group, spending her precious Sunday afternoon allowing all students to practice tai chi and also teaching and sharing with us new skills like cooking, crochet etc for our personal interest as well as for charity.

Every now and then she will also organize workshops, excursions and even overseas trip allowing students to bond and practice tai chi. I enjoy and have benefitted from her class in many ways.

Thank you Jennifer Lao Shi.

2. Yvonne Leongm Yio Chu Kang CC

Jennifer Chung has a passionate interest in Tai chi. She is very patient as a trainer. She is tireless in her efforts to train and is very committed. She is very encouraging. She is warm and friendly. She takes a personal interest in her students' welfare.

3. Selina Lim, Hou YJ, Yio Chu Kang CC

我拜 Jennifer 教练为师学太极约有两年时间。老师教学非常认真，且非常有耐心。她对学生有教无类，讲解课程详细入微，不厌其烦，尽求完美。对学生未能完全掌握的招式，尽量多花时间纠正，重复又重复的多加练习。学员们也能体会老师的苦心，大家都配合得非常好，学习气氛非常融洽。

老师领导能力也很强。主办许多课外节目，户外郊游聚餐，团体练习太极，参与的人数都不少。老师也有超人充沛的精力，除了排得满满的太极课程和许多课余节目外，还安排时间做义工教帕金森病人太极和手工。精神实在可嘉。老师也经常出国与这门太极的鼻祖及各国太极爱好人士切磋。

4. Phang Swee Lee, Yio Chu Kang CC

Jennifer 老师是一位即认真又有耐心的太极老师，教课的时候她总是不厌其烦的把每一招的套路一遍又一遍的和大家讲解，直到大家都明白为止，她会细心的观察每个人然后纠正错误的姿式。

除了教课，Jennifer 老师还拨出私人时间，每月一次将各个联络所的学生聚在一起互相交流。除此之外，她还会带学生们去郊游，走一趟学习之旅，比如去年就去了龙窑，学生们还亲手捏陶瓷，学生们都玩得很开心，要知道带一群乐龄人士出门是何等的费心费力。我很庆幸能有一位亦师亦友的老师，谢谢你老师。