

I am now in my third round of taichi classes conducted by Jennifer. Her greatest strength in teaching taichi for arthritis is her patience and understanding. She believes in constant repetition until the steps are understood. Under her tutelage, her students enjoy great camaraderie and I find myself looking forward to her Thursday classes every week.

Sai Lung Kwan
28/11/11

I (Ivy Yuen) have been Jennifer Chung's taiji student since early 2010. I've gone through the 'Taiji for Arthritis' and am now learning the 'Taiji for Osteoporosis'. Although students come to her with different levels of motivation, speed in learning, and differing self-practice time after their weekly lessons, Jennifer's interest and energy to inspire and encourage with professional advice and abundant patience are always there. Students are given enough time to practise again and again. All in all, Jennifer's teaching method shows her proficiency and professional taiji skills which I and my fellow taiji students would applaud.

Ivy Yuen. (~~Yuen~~)